


Star 10 Test Sheet

 Name & Club	CASSA #	Side Fishtail Position	Knight Position	Single Ballet Leg to Side Ballet Leg to Front Pike Position (Eiffel start)	Rocket Split	Side Fishtail Spit	Swordfish Straight Leg	Routine Element – Head first scull, Eiffel start to Front Pike, raise one leg to fishtail Position, tuck, Boost, Eggbeater sideways	Routine Propulsion & Transitions - Torpedo Ballet Leg to Side Fishtail to Fishtail to Front Pike Position, Front recovery, Eggbeater	Speed/stamina – unders with body boosts on each breath – 50m	Final Result	Fee Paid/Award Issued
1.												
2.												
3.												
4.												
5.												
6.												
7.												
8.												
9.												
10.												

Pass Mark = 5.0 *Candidate must attempt all skills and must pass at least all but one skill. If the candidate received less than the pass mark on one skill, that mark can be no less than .5 below a pass. (No mark awarded for the sequence)

Signature of Official _____

Test Location: _____

Test Date: _____

Host Club: _____