


Star 8 Test Sheet

 Name & Club	CASSA #	Bent Knee Surface Arch Position	Back Layout to Surface Arch to Back Layout Position & Surface Arch Position to Split Scull	Walkout Front (Split Position to Surface Arch to Back Layout)	Back Layout to Surface Arch Position to Split Position	Front Pike to Spilt Position, 180 arc over surface	Swordfish	Walkover Front	Porpoise	Routine Element – Breaststroke with head checks, Walkover Front, Propeller, Eggbeater sideways with set arms	Routine Propulsion & Transitions - Propeller arm/leg over to Tub, Propeller lift one leg & tuck, Propeller Split side cartwheel sit up, Kick side roll to back head check, Swirlee	Speed/stamina – Front crawl 25 m and back crawl 25 m	Final Result	Fee Paid/Award Issued
1.														
2.														
3.														
4.														
5.														
6.														
7.														
8.														
9.														
10.														

Pass Mark = 5.0 *Candidate must attempt all skills and must pass at least all but one skill. If the candidate received less than the pass mark on one skill, that mark can be no less than .5 below a pass. (No mark awarded for the sequence)

Signature of Official _____

Test Location: _____

Test Date: _____

Host Club: _____